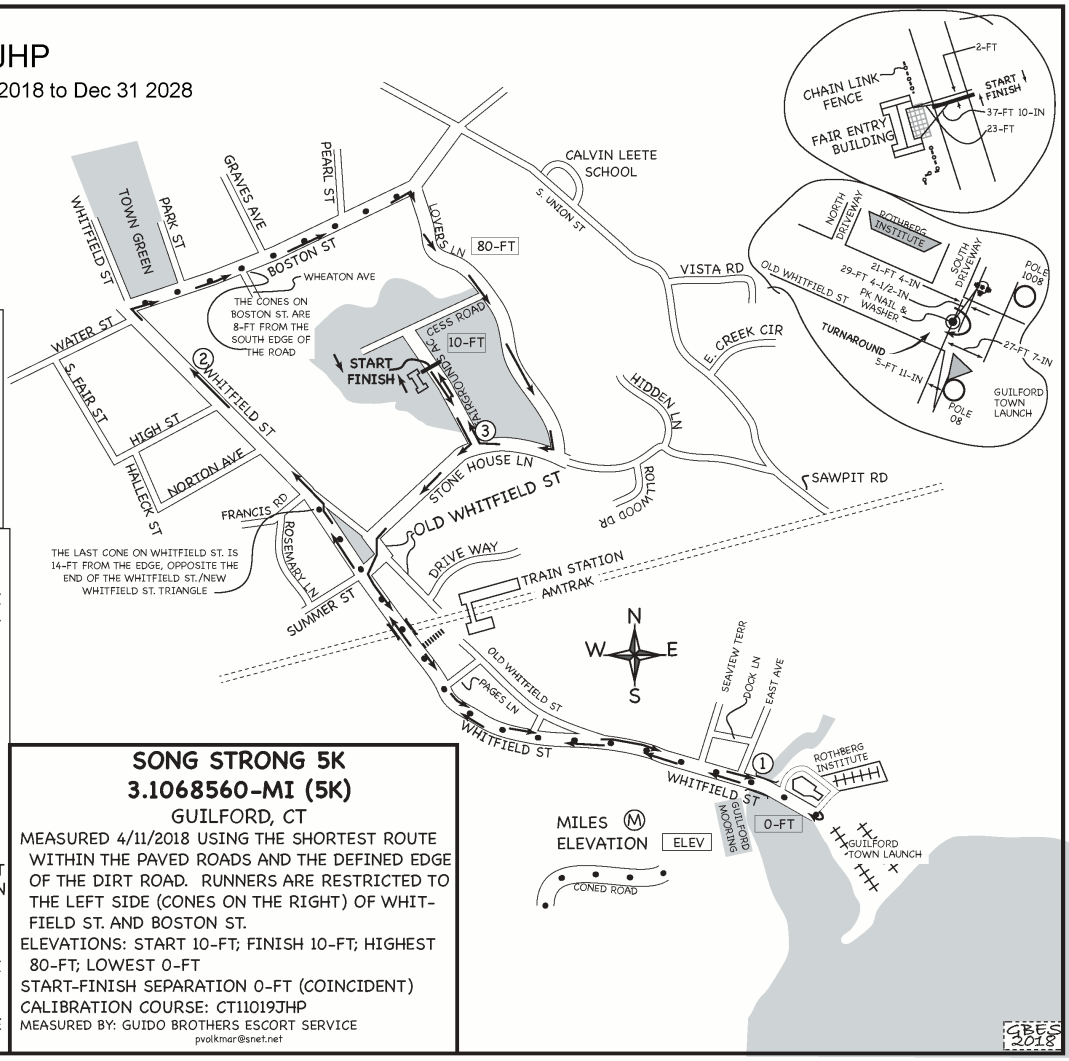
CT18024JHP

Effective Apr 16 2018 to Dec 31 2028



-MILES-

1. ON WHITFIELD ST. AT EDGE OF GUILFORD MOORING SEAWALL.
2. ON WHITFIELD ST. 20-FT BEFORE (SOUTH OF) FRONT DOOR #142
3. ON FAIRGROUNDS ACCESS ROAD 25-FT PAST THE INTERSECTION WITH STONE HOUSE RD.

-THE ROUTE-

START IN THE FAIRGROUNDS ACCESS ROAD HEADING SOUTH. TURN RIGHT ONTO STONE HOUSE LN. TURN LEFT ONTO OLD WHITFIELD ST. TURN RIGHT ONTO SUMMER ST. TURN LEFT ONTO WHITFIELD ST. STAY ON THE LEFT SIDE (NORTHBOUND LANE) (KEEP CONES ON THE RIGHT) TURNAROUND AT THE CONE AND HEAD WEST ON WHITFIELD ST. USING THE LEFT SIDE OF THE ROAD (SOUTHBOUND LANE) (CONES ON THE RIGHT). END THE LANE RESTRICTION AT THE LAST CONE AND CONTINUE ONTO WHITFIELD ST. USING THE RIGHT HAND (NORTHBOUND) LANE. TURN RIGHT ONTO BOSTON ST. KEEP THE CONES ON THE LEFT. TURN RIGHT ONTO LOVERS LN. TURN HARD RIGHT ONTO STONE HOUSE LN. TURN RIGHT ONTO FAIRGROUNDS ACCESS ROAD AND FINISH AT THE SAME LINE AS THE START.

SONG STRONG 5K
3.1068560-MI (5K)

GUILFORD, CT

MEASURED 4/11/2018 USING THE SHORTEST ROUTE WITHIN THE PAVED ROADS AND THE DEFINED EDGE OF THE DIRT ROAD. RUNNERS ARE RESTRICTED TO THE LEFT SIDE (CONES ON THE RIGHT) OF WHITFIELD ST. AND BOSTON ST.

ELEVATIONS: START 10-FT; FINISH 10-FT; HIGHEST 80-FT; LOWEST 0-FT

START-FINISH SEPARATION 0-FT (COINCIDENT)

CALIBRATION COURSE: CT11019JHP

MEASURED BY: GUIDO BROTHERS ESCORT SERVICE

pvolkmar@snet.net

USATF

Road Running Technical Council
USA Track & Field
Measurement Certificate

recognized by RRCA

Name of the course: Song Strong 5K Distance: 5 km

Location (state): Connecticut (city): Guilford

Type of course: road race ☒ calibration course ☐

Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐

Measured by (name, address, phone & e-mail) Guido Brothers Escort Service, 174 Plant St. New London, CT pvolkmar@snet.net, 860.437.7247

Race contact (name, address, phone & e-mail) Daniel Montgomery, 917.406.1242

Date(s) when course measured: April 11, 2018

Number of measurements of entire course: 2 Course Configuration: Keyhole

Elevation (meters above sea level) Start 3 Finish 3 Highest 24 Lowest 0

Straight line distance between start & finish 0 meters Drop 0 m/km Separation 0 %

Type of surface: paved 93 % dirt ___ % gravel 7 % grass ___ % track ___ %

Effective date of certification: April 17, 2018 Certification code: CT18024JHP

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If ***any*** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2028

AS NATIONALLY CERTIFIED BY:

Jane H. Parks

Date: April 17, 2018

Jane H. Parks – USATF/RRTC Certifier
973.349.0033 janehp3@gmail.com

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